



Taking responsibility for
a sustainable future



Lincoln Envirotown Trust Newsletter

July 2010

What's been happening?

**Kidsfest Country Sustainability Fun
LET holiday activity morning**
Great time was had by all the parents,
grandparents and kids who came – about 38



www.lincolnenvirotown.org.nz



Energy Homes Bus Tour

27th June

A great time was had by all (about 80 people and two buses – we won't mention anything about the bus that broke down!). Thanks to all the home owners who so generously showed us through their homes, to Roger Buck architect who gave us a talk beforehand and to Lincoln Anglican Church who again provided afternoon tea. .



The straw bale home of Barry Law

Welcome to our latest volunteer - Stephanie Peat from Southampton University, UK. She will be here for the next 3 weeks.

Check out our Web site!

www.lincolnvirotown.org.nz

Here you can check out back issues of our newsletters, find sustainability links and much more. **Please let us know what information you would like.**

NEW! WE NOW HAVE A FORUM WHERE YOU CAN POST YOUR QUESTIONS AND COMMENTS AND GET FEEDBACK FROM OTHERS – TRY IT OUT! (Can be accessed from the home page)

Responsible Business Awards

Our Responsible Business Award assessments have started. The award scheme is a free service which promotes and rewards businesses for their environmentally sustainable practices, as well as encouraging people to shop locally. We also provide help and feedback for businesses. This year the Leeston/Southbridge area has joined Lincoln and Prebbleton in having their own awards. For the first time, there will be a dedicated area on the LET web site promoting the top award winners.

There will be an assessor for each community:

Lincoln: Rose Spijkerman, Phone: 3296 446, Email: rose@lincolnenvironment.org.nz

Prebbleton: Chris Macann, Phone: 349 9660 or 021 878 001, Email: chrismacann@gmail.com

Leeston: Margaret Russell, Phone: 324 3949, Email: russell.mh@gmail.com

If you have a business in another area of Selwyn, and you would like to be involved, contact Sue on 329 5858

Job opportunities

We are looking for:

1. A **coordinator** for the Lincoln Zerowaste Street Challenge, to be held 30th Oct – 7th November. This will be a short term paid contract position and the coordinator will work with the LET Zerowaste sub-committee.
2. Are you interested in helping to coordinate the **Enviro kids club** this year? We may be able to make a small payment for your time. Please contact Sue for more information on 329 5858.

For further information on any of these positions please ring Sue on 329 5858



The Mahoe Reserve

Mike Bowie and Jaam Hostetler



Due to ridiculously wet and cold weather, the Mahoe Reserve planting day had to be repeatedly postponed, but third time lucky on Sunday June 20th. The weather was still not too dry, but we went ahead anyway. We also planted at our normal working bee on the 4th July with the help of Mark, Meryl and the Hostetler children and the students from Florida. All together we planted about 600 plants. Thanks also to Colin Meurk and to all the Friends of Mahoe team



Friends of Mahoe

If you want to be on the email contact list for Mahoe planting days and working bees, let us know. If you have any spare time during the week, we still need lots of people to help with the maintenance.

We hold regular working bees on the **1st Sunday of the month at 2.00pm, except August.** Please join us. Bring your own tools such as spades and protective gloves. For more information

ring **Denis** on **325 2806**. The Mahoe Reserve is a native restoration project in Boundary Road next to the Lincoln Golf Course. If you can help at another time, just let us know.

Mahoe Reserve Committee

You are also welcome to join the Mahoe management committee. Only a few meetings a year! Contact Sue on 329 5858 or sue.jarvis@orcon.net.nz for information.

What is coming up?

The Lincoln Community Garden is on the move very soon!



James Street in the Maternity Hospital Grounds

Our community gardens is going to take a walkabout – not very far, just to the back of the maternity hospital to make way for a school dental clinic . This is likely to happen in the next month. If you have a bed at the gardens, please let us know **NOW** what plants you would like moved. We are very lucky that the CDHB is willing to fund this move.

Friends of the Lincoln Gardens: The people who have been involved with the gardens, including the group who have had beds, have formed the Friends of the Gardens. This group will help organise the running of the gardens. We also are grateful to Terry Windle and Bill McClure who are acting as mentors and passing on their extensive gardening knowledge. If anyone would like to join this group whether as a learner, helper or mentor, please let us know. Ring Sue on 329 58558 or email LincolnCommunityGarden@gmail.com

The Springs Road/Gerald Street Plant&Food corner native planting –needs weeding. Can you help? Contact Sue on 3295858

Time Banking
Want to know more about Time Banking and the positive effects it has on communities?
Do you think we should have Time Banking in Lincoln and other Selwyn Communities?
Come along on August 2nd at 7.30pm to the Lincoln Community Centre to hear Julie Lee (Jules), the Lyttelton Time Bank Co-ordinator will tell us about time banking and how it strengthened their community. For more information ring Sue on 329 5858

SHOP SMART
SHOP LOCAL

Lincoln Farmers & Craft Market

~Come and take a Fresh Look~

MARKET WINTER TIMES:
First Saturday of each month
WITH SPECIAL EVENTS...

Aug 7th - Second hand Book Sale/Swap
Sept 4th - Kids Market
Oct 2nd - Spring Festival

INSIDE the Lincoln Community Hall
10am – 1pm

NEW STALLS including ...

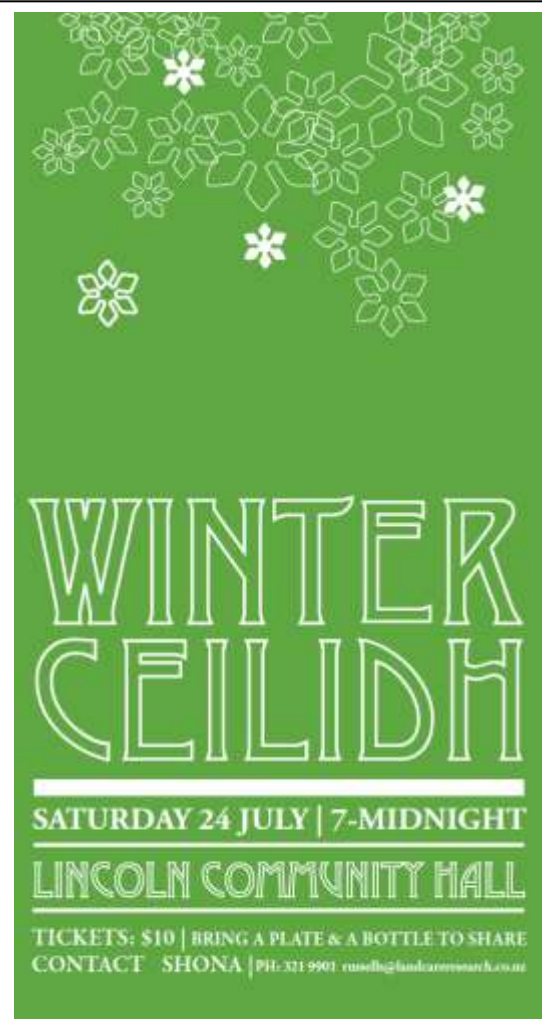
Merino Lamb, Winter Organic Vegetables. Baking,
Gourmet fudge/toffee/nuts & preserves,
Children clothing, Handmade Soaps,
Jellies & Preserves, Soy Candles *with demos.*

PLUS all the regular stalls

Support & Join In with the Lincoln Community Spirit

Contact: Debbie on 0274785005 /3295757 for more details

www.selwynfarmersmarket.co.nz



LET will be having a stall at the Ecoexpo
and Sue will be a speaker.

The Ecoexpo is an opportunity to learn about realistic and achievable changes you can make to your everyday life. We understand that change isn't easy and that we all have different reasons for doing so: for our children, for the future, to save money, to save the environment...whatever your reason, we're here to help you make a difference.

24 - 25 July 2010
Saturday - Sunday 10am - 5pm

Christchurch Convention Centre
Christchurch, New Zealand

Adult weekend pass: \$10
Children under 14 free

<http://www.ecoexpo.co.nz/information.html>

The Lincoln Envirotown Trust has been nominated for a Selwyn Award. The Gala Evening is on the 31st July. Tickets from your local library/service centre

Contact Shona for tickets: Russells@landcareresearch.co.nz 321 9901

They donated profits to LET last time, and it was a great evening so make sure you get along there on Saturday

There are Sustainability Groups in other communities:

ROLLESTON ENVIROTOWN (RET)

"A better environment starts with you"

Their latest project is the development of their community garden, contact Nicole if you would like to help.

RET meetings are held once a month at the Community House in Rolleston, 45 Shelley Street
They would welcome more residents to their group. Interested in joining? Email **Nicole**
tonicermu@gmail.com or phone **Catherine 347 8240**

The Rolleston Enviro Town Produce market is held once a month.



SPRINGSTON ENVIRO-COMMUNITY

Great progress was made at the meeting last month. The chairman is now John Jagusch. The next meeting will be in Rattletrack Road on Monday 26th July at 7.30pm. Come along to work on the Springston Sustainability Action Plan and meet with local people. We will also be drawing the raffle for the survey prize. Everyone welcome

For further information ring John on 3295095

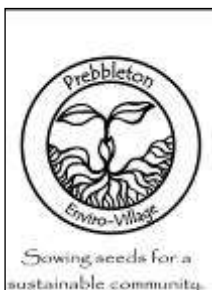
www.springstonenvirocommunity.webs.com

Join the on-line community to make it easier for members of the community to link with each other, such as sharing surplus fruit, asking for help etc. <http://selwyncom.onlinegroups.net>

LEESTON ENVIRO TOWN

Leeston is getting behind their **Responsible Business Awards**.

The Leeston assessor is **Margaret Russell**. Contact her for more information, Phone: 324 3949, Email: russell.mh@gmail.com



PREBBLETON ENVIRO-VILLAGE Prebbleton are about to start on their second year of awards with so many businesses getting a gold award last year that we now have a platinum award for Prebbleton businesses to aspire to. We are hoping that someone will sponsor a trophy for Prebbleton, as there is for Lincoln. Contact Chris Macann if you are interested in finding out more: 349 9660, chrismacann@gmail.com

Contact Details If you would like to find out more about Prebbleton Enviro-Village please call Nicola Willett on 3497990 or email n.willett@xtra.co.nz

LITTLE RIVER

To contact the Little River group ring Kaite Hansen on 325 1917 or believe33@snap.net.nz

WEST MELTON

Sue will probably be speaking to the West Melton Residents Association Meeting on the 4th August.

TAI TAPU

If you live in **Tai Tapu** we are hoping to arrange an initial meeting soon. If you are interested contact **Sue on 329 5858**

The Lincoln Envirotown Trust is providing support to these communities as they get underway with their sustainability plans.

If you live in another community and would like help to get a group started, contact Sue.

We also help other communities outside the Selwyn area.

We have set up “**on line communities**” for all the “Enviro” groups linked to LET, under the umbrella of “Selwyn groups” <http://selwyncom.onlinegroups.net> . **Have a look!** The idea is to allow a small community or a street etc to easily contact each other – perhaps to say “we have extra pears, who would like some” etc. John Veitch has been our “coach” – Thank you, John

A speaker programme is part of our aim to be a role model for other communities and provide help and support for them to progress towards sustainability. If you would like a speaker for your group or community contact Sue on 329 5858.

The Transition Initiatives Forums are held every 2 months in the St Albans’s Community Center at 12.30 pm.. If you are interested in sharing ideas with others with sustainability at heart then come along. Contact Sue or Christoph Hensch christoph@stalbans.gen.nz for more details or to be put on the contact list for meetings. Also look at: <http://www.transitiontowns.org.nz/>

Lincoln Envirotown Trust Meetings – get involved, meet like-minded people

LET meetings are normally held the **FIRST MONDAY** of each month at 7:30pm in the Lincoln Community Centre on Gerald Street. **For more information please contact Sue Jarvis, 329-5858 or [sue.jarvis\(at\)orcon.net.nz](mailto:sue.jarvis(at)orcon.net.nz).**

NEXT meeting is **2 August** Julie Lee (Jules), the Lyttelton Time Bank Co-ordinator will tell us about time banking and how it strengthens communities.

Check out our Web site!

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Submissions:

LET frequently makes submissions to Government, ECan and the SDC as well as to other organisations. If you are interested in helping with submissions or have an issue you think that LET might be interested in making a submission on, please contact Sue on 329 5858

Get Involved!

We have a number of sub-committees and interest groups – let us know if you would like to join groups interested in energy generation, water conservation, native biodiversity, children’s environmental education, reducing light pollution (starlight project) and many other groups – you could start one! Our energy generation group is collecting information about the feasibility of wind and solar generation, which will eventually be available on our web site.

Writing Competition

Write an illustrated Poem on an environmental/sustainability theme.

Don't miss the deadline- entries are already coming in!
Details at end of this newsletter.

Good Web Links and other info



Home Energy Advice Centre - Canterbury

What is the Home Energy Advice Centre? The Home Energy Advice Centre (HEAC) is a free, not for profit, impartial telephone service which helps people to make their homes warmer, healthier and more energy efficient.

The Southern Home Energy Advice Centre (HEAC) is a free, not for profit and impartial telephone service which helps people to make their homes warmer, healthier and more energy efficient. The service is managed by the Energy Efficiency Community Network (EECN) and delivered and funded by Community Energy Action, a not for profit Charitable Trust. You can call us on **0800**

388 588 between 10am – 4pm Monday to Friday or e-mail us with your questions at canterbury@energyadvice.org.nz . We try and answer all queries within two business days. www.energyadvice.org

What's Hot – our energy efficiency tip for the month?

Up to 34% of an average power bill is spent on heating your water. Cylinder wraps increase the effectiveness of older hot water cylinders (installed before 1987 or do not have an A grade rating) saving you up to 10% on a monthly power bill. Insulating/lagging the pipes that come out of the top of the cylinder and into the roof space (till they head downwards again or at least one meter from the tank) will help you save even more. 10% may not seem like a lot but over time this could be as much as \$100 per year. A subsidy for cylinder wraps and pipe lagging may be available under the Energywise programme. For more information contact the Home Energy Advice Centre on 0800 388 588.

Cold Comfort –energy inefficiency that leaves us cold.

Yes it's true, down lights are little chimneys and could be the reason why your new/renovated home is not as warm as you thought it would be. The reasons for this are two- fold. The first being that because of the risk of fire, [New Zealand building standards](#) dictate that insulation must have a clearance of either 200mm or 50mm (depending on the type of fitting) around the lights, which could reduce the insulation value (R-value) of the entire insulated area by as much as 68% (based on 10 down lights per 10m²). The second being that because of the heat that the lights themselves generate, a gap is made in the ceiling around the fittings, which cannot be filled and the heat from your room below quickly finds a way out through these gaps and into the ceiling space above. Lastly down lights are great for task lighting, but not for general household lighting as you need several halogen down lights to get the same light coverage as one surface mounted light of the same amount of illumination.

For information on what you can do with your little chimneys, contact the Home Energy Advice Centre on 0800 388 588.

http://www.youtube.com/watch?v=MoXJZ_3-J9w **Awakening the Dreamer, Changing the Dream**

Do you want to make your own power from the sun? Want a cheap deal?

WhatPowerCrisis normally supply a basic installing for \$9,995 + GST Installed. They are prepared to do this cheaper if 5 people from the Lincoln area have one installed at the same time. Contact Sue on 3295858 if you are interested.

Includes

SMA Sunnyboy 1100E Grid Tie Inverter AS/NZ4777 approved
6 x WPC 180w PV modules 1.08 kW peak
Est 1717 kWh Annually in Auckland
Includes installation on Tin Roof

Special Offer

Free Sunny Beam Display or
Free additional 180W Module

Normally \$9,995 + GST Installed

www.whatpowercrisis.co.nz

Earthwise radio programs, produced by Martin & Lois Griffiths, are available via podcast if you have broadband. Each program features an interview. Programs available include interviews with Robert Fisk and John Pilger. The website is <http://www.plainsfm.org.nz>

Competitions:

International Year of Biodiversity

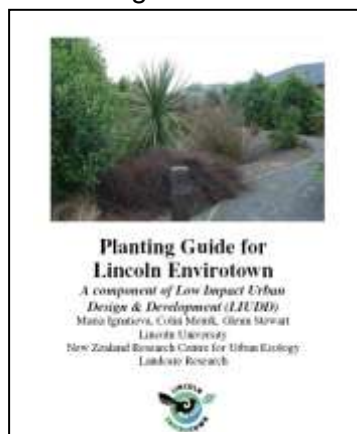
A national biodiversity photo competition was launched, Saturday 22 May, (International Day of Biodiversity) to celebrate the International Year of Biodiversity (2010).

It is being sponsored by UNESCO, NIWA, Department of Conservation and Forest & Bird.

www.doc.govt.nz/biodiversitycaptured

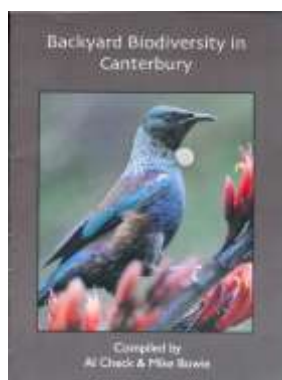
Lincoln Area Native Planting Guide

Ever wondered which native New Zealand plants might add that special something to your landscaping? A Lincoln planting guide written for LET with help from Landcare Research and Lincoln University will help with basic background information and planting suggestions.



This guide will help you decide which native plants are suitable for your garden. It gives ideas for shrubberies, hedges, pergolas, herbaceous borders, native lawns, rock gardens and rain gardens. Ecosourced natives are much more likely to survive in our local conditions, without as much care and watering as non-natives. Be part of the Greenway Canterbury movement aiming to spread corridors of natives from the mountains to the sea so that our threatened native plants and animals have somewhere to live and can move from one habitat to the next. This guide is available from the Lincoln Library and Lincoln CRT Real Estate for \$2.00. It is also available as a downloadable file from our web site:

www.lincolnenvirotown.org.nz



Backyard Biodiversity in Canterbury
This booklet is available **FREE** from the Lincoln Library and other Selwyn libraries on request. It is also downloadable as a pdf from the LET web site from the resources page.

Fed up with all that junk mail but still want to receive the local papers?

Collect one of our mail box stickers from the Lincoln Library for a gold coin, or contact us



NO JUNK MAIL
LOCAL NEWSPAPERS PLEASE

"Taking responsibility for a sustainable future"
www.lincolnenvirotown.org.nz

Borrow the LET Cent-a-meter

The LET Cent-a-meter is a tool that assists homeowners with information about their own energy use. The Cent-a-meter is available from LET for at least \$5 dollars donation and a \$100 refundable deposit. **If interested, contact Sue Jarvis at 329-5858.**

Living Roofs is an independent organisation that is promoting the uptake of green roofs in New Zealand. Living Roofs is a resource for information, which is supported and sponsored by leading [green roof companies, authorities and organisations](#). On this website you will be able to find the latest information, research and case studies of projects here in New Zealand.

Green roofs or living roofs are intentionally vegetated roofs. Living roofs can be ornamental roof gardens, naturally vegetated roofs and also biodiversity roofs.

<http://www.livingroofs.org.nz/page/5-Home>



Kawakawa green roof, Northland, NZ photograph courtesy of Zoë Zimmerman



Lincoln Envirotown 2010 Writing Competition

Write an illustrated Poem on an environmental/sustainability theme

The poem can be long or short, rhyme or not, or could be a haiku poem (Haiku poems often consist three lines of 5, 7 and 5 syllables, but can vary.) Here are some examples of environmental poems written by children and the famous poem by Wordsworth:

Pollution

By Tommy ~ 9 years old

Pollution in the air
Pollution everywhere
We can stop it anywhere

"Daffodils" (1804)

By William Wordsworth (first verse)

I wander'd lonely as a cloud,
That floats on high o'er vales and hills,
When all at once I saw a crowd,
A host, of golden daffodils;
Beside the lake, beneath the trees,
Fluttering and dancing in the breeze.

Clean it Up

By Allie ~ 9 years old

Clean up the earth,
so it could be a sparkling clean place for us all !
Clean up the earth,
so we can see the gorgeous blue and green on our planet.
The blue and green will shine in our eyes if we clean it up.
So clean it up,
so that we don't see any garbage ~
any time or any day.
Clean it up
and live in a world of happiness.
The world we live in can be cleaned up and we can be happy

Please illustrate your poem and use **A4 paper only**. The deadline will be **Friday 23rd July**. This topic was suggested by the children involved in the 2009 competition.

There will be prizes for each age group: 6 and under, 7-10, 11-14, 15-18

We hope to make the best poems into a book to be available locally, as we did with the previous Lincoln stories. The National Library has asked for a copy of our other books – so your poems might be there too!

Please attach an entry form to your entry (see below). You can enter more than **1** poem.



Entry form for the 2010 poetry writing competition

(please attach these details to your poem and picture)

Name:

(please print)

Phone number:

Address:

Age:

Title of your poem:

Did you have help with the writing of your poem or the drawing in your entry? Yes/No

If yes:

My helper was:

They helped with:

Deadline! Your story needs to be with us by the **23rd^h July 2010**. It can be dropped in to the Lincoln Library, brought to the Lincoln Community Centre during the Kidsfest Holiday Programme 'sustainable country fun', run by the Lincoln Envirotown Trust on the 15th July (10.30am – 11.00am) or it can be mailed to: **Sue Jarvis, 694 Gould's Road, RD4 Christchurch 7674**.